

# St. Clair

Child & Youth Services



## Main Office

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**129 Kendall Street  
Point Edward, ON N7V 4G6**

**Phone: 519-337-3701**

**Fax: 519-337-7750**

## Other Sites

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For a complete list of services provided at satellite locations in Lambton County, please visit our website.

**[www.stclairchild.ca](http://www.stclairchild.ca)**



# Groups

**We provide several goal-focused counselling and early intervention groups designed to meet a range of needs for children/youth and parents/guardians.**

Children/youth – you can participate in groups to:

- Work on goals
- Improve your understanding of yourself and others
- Improve your social interaction skills in a group setting

Parents/guardians – you can participate in groups to:

- Receive practical strategies for managing your child/youth's challenges
- Improve your understanding of yourself and your child/youth
- Develop supportive relationships and networks
- Reduce stress and isolation

Our Team will work with you to ensure that your family receives the most suitable supports.

If you need more information, please contact us at 519-337-3701.

[www.stclairchild.ca](http://www.stclairchild.ca)

